

2022 Biathle, Triathle and Laser Run European Championships

Marathon, Greece 6th – 9th October 2022



Dear Pentathlon Community

We have the pleasure to invite a delegation of your nation to Marathon, Greece (42k from Athens) to participate in the Biathle, Triathle and Laser Run European Championships to be held on the 6th to the 9th of October.

Below are a few words from our President and National Head Coach to welcome you to our competition.

“I am looking forward to hosting all the participants in our first European Championships here in Greece, the birthplace of the Olympic Games and the inspiration behind our founder Baron Pierre de Coubertin. From all at the Hellenic Federation, we wish you luck!”

Theodora Palli (President, Hellenic Modern Pentathlon Federation)

“I am excited to welcome all teams, athletes, coaches, and family to Greece for the European Championships. Having recently moved here myself to coach the national team I am sure that you will enjoy the wonderful hospitality of the Greeks and the fantastic food and weather this country has to offer! Best of luck to all athletes taking part and thank you for coming!”

Jamie Cooke (Hellenic Head Coach)

Timetable

Please see the timetable below for an understanding of the competition dates and times – which are subject to change depending on entry list. Please note that any changes will be published as soon as possible.

Date	Time	Activity	Location
5th October	All Day	Arrival of Delegations	Marathon
	15.00 - 18.00	Afternoon Training	Competition Venue
	18.30 - 19.00	Technical Meeting	TBC
	19.30 - 21.00	Opening Ceremony	TBC
6th October	AM	Biathlon Qualifications	Competition Venue
	Break		
	PM	Biathlon Final	Competition Venue
7th October	AM	Triathlon Qualification	Competition Venue
	Break		
	PM	Triathlon Finals	Competition Venue
8th October	AM	Laser Run Mixed Relay	Competition Venue
	Break		
	PM	Biathlon Mixed Relay	Competition Venue
9th October	AM	Laser Run Q + F	Competition Venue
	Break		
	PM	Triathlon Mixed Relay	Competition Venue
10th October		Departure	

Competition Timetable (*subject to change)

Competition Venue

The competition will be based in Marathon, a popular resort town to the east of Athens. Famously known to be the site where the Ancient Greek army was victorious against the Invading Persian forces in 490 BCE the local area is steeped in history as well as home to the beautiful coastline of the Aegean Sea. Legend has it that Pheidippides, a Greek herald at the battle, was sent running to Athens to deliver the news of the victory, which is how the modern-day marathon was conceived.

Competition Rules

The competition will be run according to the UIPM Biathle, Triathlon and Laser Run rules (more can be found at <https://www.uipmworld.org/uipm-rules-and-regulations>).

Swimming: Sea Open Water

Running: Mixed Surface of Asphalt and Sand

Shooting: Shooting Range with Hit and Miss Targets (Athletes may bring their own for training)

Notes:

1. Delegations can enter unlimited number of athletes per age group and gender.
2. There will be a Qualification Heat depending on registered number of participants in each age category.
3. Categories and Distances will follow UIPM rules (more can be found here <https://www.uipmworld.org/uipm-rules-and-regulations>)
4. Access to the Competition Venue (including the warmup zone) will be controlled through an accreditation system, with 1 Coach to 5 Athlete ratio.

*Winners for each event (including team standings) will be awarded Gold, Silver, and Bronze for each age category as well as for the top three teams entered in the Relay Events.

Competition Clothing

The Competition will be run under UIPM Uniform Guideline rules (found here: https://www.uipmworld.org/sites/default/files/uipm_uniform_guidelines_nfs_2022.pdf).

Athletes should wear a one or two-piece with the upper body being covered in all cases.

The Nationality of the athlete must be clearly identified on the suit (either full name or 3 letter country code). Footwear must be worn during the running discipline but not for the swimming discipline.

Athletes participating in UIPM BiTri Competitions and representing the same country must wear the same style and colours of competitive apparel to clearly identify the country they are participating for (exemptions have been made for the following age groups U0, U11, U13 and U15 only).

The UIPM logo must be placed correctly on the competition apparel kit (please see Uniform Guidelines on the above link) – placed incorrectly results in a 10pts penalty.

All Athletes are kindly asked to wear their National Team Uniform around the competition Field of Play (FOP) as well as on the Podium.

Competition Entry

National Federations can enter their athletes for 5 Events:

1 Event		40euros
2 Events		60euros
3 Events		80euros
Mixed Relays		20euros (Each Per Person)
T-Shirt – 15euros (Each)		

Entry forms should be sent to the following email

“entryformEOMOP@hotmail.com”

Deadline

Entry Form A: 1st August 2022

Entry Form B: 1st September 2022

***Late Entry Fee (19th September) charge of 20euro per person.**

It is reminded that all athletes must have a UIPM ID number to be registered, if you don't have one, the process is for the National Federation to add them through your National Federation portal.

Accommodation

All members of travelling delegations are responsible for booking their own accommodation. We are working with several local hotels and to provide packages and will inform as soon as possible.

Insurance

According to UIPM Rules all members of attending delegations should insure themselves in case of accidental injury or illness. The organizer will not accept any responsibility financial or other, for any loss, injury, or illness of any member of the delegation.

Visa + Vaccinations

Visiting NFs should confirm visa and vaccination requirements for entry into Athens, Greece prior to traveling to the event. The LOC cannot accept responsibility for arranging visas but can provide specific letters of invitation if needed.

Laser Pistols

Firearms licenses are not a legal requirement when bringing Modern Pentathlon laser weapons into Athens, Greece for competition purposes, because they are not covered by weapon law.

Covid 19 Information

The Local Organising Committee, together with the UIPM will provide updated reports on the Covid 19 Protocol closer to the date of competition.

Data Processing

(1) The personal data provided by the participant when registering will be stored and processed only to hold and process the event. This applies to the data required for payment processing. By registering, the participant agrees to the storage of data for these purposes.

(2) By registering, the participant agrees that his or her surname, first name, year of birth, club and national association may be used for the start-lists and results and the photos, film footage and interviews made in connection with his participation in the event are disseminated and published nationally and internationally, on the Internet, without any claim to remuneration.

(3) In the case of multiple registrations, the registrant declares that he/she has informed each of his/her registered athletes of paragraphs (1) and (2) and that he/she and his/her parents (in the case of minors) have agreed to these.

Thank you for receiving this invitation and if there is any more information that you need, please feel free to contact us on the below details.

We look forward to seeing you in Greece in the coming months!

Payment Details

Account Name: Hellenic Modern Pentathlon Federation
Account Number: 349-00-2002-002951
Swift Code CRBAGRAAXXX

IBAN: GR66 0140 3490 3490 0200 2002 951

Bank Name: ALPHA BANK

Local Organising Committee (LOC)

EOMOP - Hellenic Modern Pentathlon Federation
Goudi Olympic Park, TK 11510, PO Box 14178, Athens, Greece

+ 30 210 7781730
Email: eomop2000@gmail.com

